Addiction, family and family-based interventions

Norouzi. H.¹ Hoseyni. S.J.² Najafi. M.³

Abstract
Parental drug abuse is one of the most prominent issues that can affect the well-being of children and families. It is also regarded as a disease in the families’ that a certain lifestyle causes it to happen. There are two important factors that escalate this disease: Family environment and genetics. In fact, most of the small family are kind of social institutions whose main purpose is raising and protecting children and they play an important role in the prevention of psychological and social damages, especially the addiction. Comorbidity drug addiction in parents and their children is identified as a major concern in public health. Unfortunately drug abuse is more common in families that are experiencing distress. Thus, empowering family based prevention strategies should be part of the comprehensive prevention activities and also family-based prevention interventions should be considered in the prevention of drug abuse. The main objective of this paper is to present a palpable review that is done at a certain level and address family issues related to addiction. Furthermore, it is also going to demonstrate the connection between addiction and family for family-oriented entries in this field.

Key words: addiction, family, family-based interventions

1. Author-in-chief: Master student of clinical psychology of Semnan University.
   Email: h.noroozy@gmail.com
2. Master psychology student of Semnan University
3. Assistant Professor of Clinical Psychology Semnan University