

Comparing Spiritual Intelligence Among Patients with Substance Abuse Disorders and Normal Controls

Derikvand, H¹. Aghaei, A². Ghorbani, M³

Abstract

Drug dependency known as vulnerability and important social issue in recent years in many societies. It seems that one of the factors influencing relapse of substance abuse is mental factors such as spiritual intelligence.

King (2008) knows spiritual intelligence as a set of mental capacities that based on immaterial and spiritual aspects of life, such as self-understanding, widening thought and deep meaning.

The purpose of this study is to compare the spiritual intelligence of addicts and non-addicts. For this purpose, in a causal-comparative study, from all drug addicts that referred to Khoramabad Clinic 100 non-addicted and 60 addict were selected by convince sampling.

All subjects completed King's Spiritual Intelligence questionnaire. Data analysis in paired variance by using SPSS-16. Results showed that spiritual intelligence in addicted and non-addicted subjects has significant difference ($p < 0/05$).

Based on these findings, addiction counselors in treatment and rehabilitation center scan be used to increase emotional intelligence and spiritual intelligence to help addicts and their families.

Keywords: Spiritual Intelligence, Addiction, Substance Abuse

1. MA of psychology, Islamic Azad University, Khorasgan Branch (Author-in-Chief). E-mail: derikvand.hadis@yahoo.com.

2. Associat professor in psychology, Islamic Azad University, Khorasgan Branch.

3. Assisitant professor in psychology, Payam-e Noor University, Tehran.